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**Adult Referral Form**

|  |  |
| --- | --- |
| **Date:** |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Name:** |  | **Agency:** |  |
| **Phone:** |  | **Email:** |  |
|  |  | **Consent obtained to refer:** |  |

**Referrer Details:**

**Details of Referral:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name:** |  | **Date of birth:** |  |

**Gender:**

Male  Female  Intersex  Non binary  Not disclosed  Other  Transman  Transwoman

|  |  |
| --- | --- |
| **Address:** |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Ethnicities:** |  | **Iwi:** |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Email:** |  | **Home**  **phone:** |  | **Cell**  **phone:** |  |

**Can we:**  Call?  Leave voicemail?  Text?  Email?

|  |  |
| --- | --- |
| **Best times to contact?** |  |

**Background to Referral:**

**Nature:**  Rape  Sexual assault  Indecent assault  Child sexual abuse  Family violence

**Time frame:**  Recent  Historic

Please provide brief detail (if known):

**Other Agency Involvement:**

**Agency Current Historic**

Police

Oranga Tamariki

Family Court

Probation

Mental Health Services

NGO/Community Health/Social Services

Private Psychologist/Counsellor

Addiction Services

Other

Please provide full details of agency, worker, and nature of involvement:

**Risk Profile** – are you aware of any of the following:

**Current/recent Historic**

Self-harm

Suicidal ideation

Expression of suicidal intent

Suicidal actions

Family violence

Violence to others

Harmful sexual behaviour

Please provide detail:

**Current safety concerns** – please detail all known current risks to safety and welfare:

**Current safety plan** – details of current safety plan, including details of people/agencies involved:

**Current mental health status** – please include medication details, if known:

**What is the expected support from HELP?**

Support through police process

Psycho-social support

Ongoing counselling

**\*Please note that due to the COVID-19 pandemic, we are unable to add new clients to the current waitlist for counselling. You can contact us through our support email for more information**

**Please tell us more about what you would like this support to look like:**